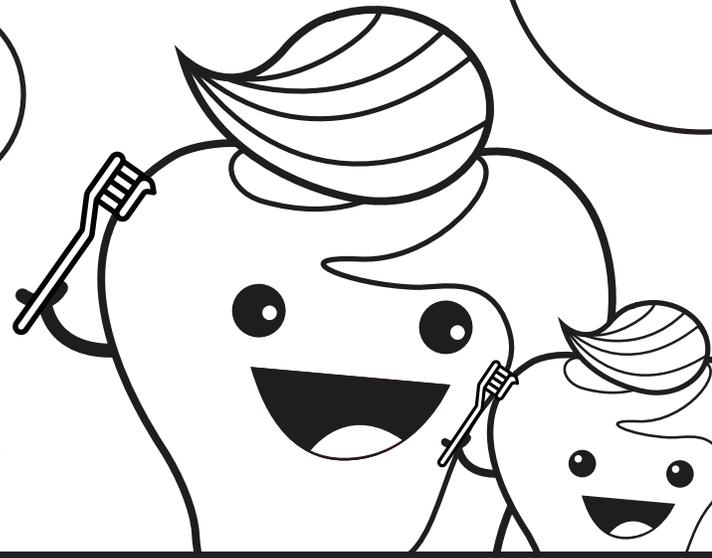
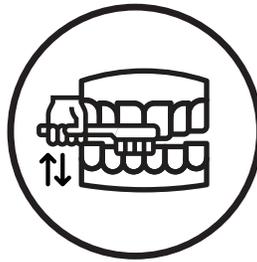


It's time to Brush Your Teeth!



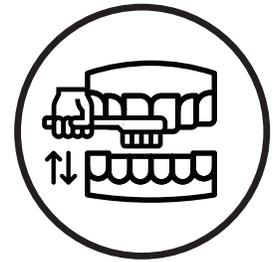
Step #1

Squeeze toothpaste
on toothbrush



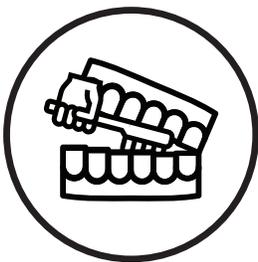
Step #2

Gently brush top and
bottom teeth with up
and down motion
(count to 60!)



Step #3

Gently brush the inside
of your teeth with an
up and down motion
(count to 30!)



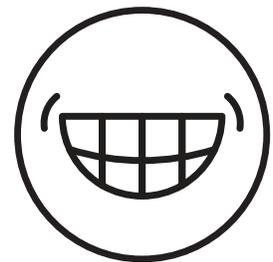
Step #4

Gently brush
the tops of your
back teeth
(count to 30!)



Step #5

Spit, rinse, and
wash it down
the sink



Step #6

Look in the mirror
and say "Cheese!"

My next dental appointment is on _____ (mo) _____ (day) _____ (yr) at _____ o'clock.